

# Swimming Pool Regulations for the 2024 Season

## Pool Hours

Monday thru Friday	11:00 AM – 9:00 PM
Saturday & Sunday	10:00 AM – 9:00 PM

On weekdays, when Guilford County Schools are in session, through the last day of school and starting again on the first day of the next school year, our hours will be 5pm - 8pm (9pm on Fridays). **The pool closes at 4pm for home swim meets.** Home swim meet dates will be posted on our website once they are finalized. Pool closings could vary depending on **weather conditions** and/or number of people using the pool. Early closing, if any, will be at the discretion of the Pool Committee.

## Pool Use and Eligibility Regulations

All eligible persons must be listed on registration/pool card for admittance. Those eligible for admission and to use the pool:

- Members in good standing with this Lodge, and/or their spouse and their unmarried children under the age of 25 on June 1<sup>st</sup> that are living in the member's home.
- An unmarried member can have as his/her guest a girl/boyfriend and her/his unmarried children under the age of 25. Exceptions only as are otherwise provided in these rules.
- **The Member will be responsible for any person on their card as well as any person signed in by a person on their card!**

The Member will use their Elk pool card and one other form of identification for admittance to the pool. You will pick up this card upon your first visit to the pool with identification. Spouse and/or children of Elks will show their pool card and sign in, and members will sign their guests in at the front desk. You will receive 2 cards in this mailing. Additional cards can be purchased for members on your card 16 and over. These must be purchased through the Lodge office. Cost is \$5 per card.

- All members, spouses, children and guests must sign in upon entering pool.
- Out of county (other than counties Davidson, Randolph, Guilford and Forsyth) overnight houseguests shall be admitted at any time during regular hours. Normal guest fees apply unless otherwise noted.
- **Admission fee for each Guest is \$15.** Guests must be registered at the front desk and may be required to wear the supplied wristbands at all times while in the pool area. Members are responsible for their guests. Guests may not remain if sponsoring Member departs pool.
- An individual Guest may only be allowed 3 times per pool season.

Elks and members of their families who are enroute (passing through) High Point are extended pool privilege – but this does not extend to members of neighboring Elk Lodges within the previously mentioned counties. In no case will Elks (or members of their families) from other Lodges be permitted to use the pool on a regular basis (weekly, monthly, etc.).

- Limit of 4 guests per member on a given day, unless otherwise approved or as part of a shelter party.
- Elk's family members must be 16 years of age or older to sign in guests.
- **No in town guests are allowed on holidays (Memorial Day, July 4<sup>th</sup> and Labor Day).**

**\*\*\* Please help keep our pool clean by picking up trash \*\*\***

# Pool and Deck Regulations

- Guilford County Health Authorities require a soap shower before entering the pool. Please provide your own soap and towels.
- Persons using suntan lotion must shower before entering the pool.
- No facemasks, except tempered glass or plastic variety will be allowed in the pool.
- No hard balls (tennis, football, etc.) will be allowed in the pool except in group activities supervised by a Lifeguard.
- **No WATER GUNS of any type are allowed.**
- There will be a 10-minute period every hour on the hour during which the pool will be cleared of all swimmers less than 16 years of age. At the direction of the lifeguard, adults will be allowed to swim during this time. **During this break, the pool area will be cleared of all cups, cans, papers, etc. Swimming will not resume until this is done.**
- Please remind kids and guests as well as other Members to help keep the deck clean of trash. If there is a spill please notify a lifeguard to clean before the bees and bugs get to the spill.
- **No glass is allowed anywhere on the pool deck or in the shelter area.**
- **No cans, drinks, bottles or food containers are allowed in or around the pool edge.**
- Suntan lotion, etc. must be in a plastic or non-breakable container.
- **Only non-breakable containers can be taken on the patio or near the pool.** There will be no exception to the rule. THE MEMBERS ARE EXPECTED TO PLACE SOILED CUPS, CANS, ETC. IN THE CONTAINERS PROVIDED SO THAT THE PATIO MAY BE KEPT CLEAN AND ATTRACTIVE.
- **You are NOT permitted to bring any alcoholic beverages to the pool. All coolers and bags are subject to inspection.**
- If at any time the pool is in danger of becoming overcrowded, the pool manager, or member of the pool committee, shall, at their discretion, refuse admittance to the pool.

## Wading (Baby) Pool

- Children 6 and under only please. No children 7 or older are allowed in the baby pool at any time.
- Parents of children using the wading pool must supervise their children from within the fenced wading pool.
- There is no lifeguard on duty in the wading pool.

## General Regulations

- **Under no circumstances will any person approach a lifeguard “on the stand” unless there is an emergency. If there is a non-emergency problem, please go to the Pool House (entrance) for assistance.**
- The pool managers are in charge of the pool and they are given authority to enforce all rules and regulations. All persons using the pool will abide by his or her (or their) assistant's instructions. The lifeguards are instructed to report all persons failing to abide by or repeatedly violating rules. The pool committee will then take the appropriate action necessary; (this may result in suspension from the pool).
- No child under 12 years of age shall be left at the pool at any time, without supervision by an Elk family member (16 or over). There will be no exceptions to this rule. This is for the safety of our Members and their children.
- Babysitters must be at least 16 years of age. Babysitters that are not eligible members can be used provided they are properly registered and fees are paid. (see registration card)

## General Regulations continued...

- Babysitters may only use the pool when attending with members of their sponsoring family and cannot invite guests.
- Ball playing (football, baseball, kick ball, soccer, lacrosse, etc.) is not allowed anywhere within the gated area behind the Lodge building.
- No one under 8 years old will be allowed on the high dive.
- Beer and alcohol will not be sold to anyone under the age of 21.
- Elks, their spouse, children and guests will be responsible for their property/possessions. The pool is not responsible for lost or stolen items.
- Absolutely no pets allowed.

All pool rules are created for the safety and protection of our members and guests. These rules will be enforced and all members and guests are expected to honor and abide by these rules. Members will be held responsible for their spouse, children and guests. For any infraction of these rules, such members may be called before the Pool Committee for disciplinary action.

## Party (Shelter) Rental

There is a fee of \$100 for a party that is 2 hours or less, 20 guest or less (swimming and / or non-swimming). If you want your party to be longer than 2 hours, there is a fee of \$125 and maximum of 3 hours. If you want to have more than 20 guests, the fee is \$5 per person over 20. Elk pool members are not counted as guests. **A non-refundable deposit of \$50 is required to reserve the shelter.**

- Please contact the Lodge office for availability and reservations at 336-869-7313.
- No parties will be allowed on Saturday or Sunday until after 12pm.
- No parties are allowed on holidays.
- Party/Guests must leave the shelter area when the party/rental has concluded.

In addition, you are expected to clean up after your party. This includes taking out the trash bags and sweeping the shelter. Trash bags, a broom and dustpan are available from the lifeguards. If the shelter is left messy, an additional fee of \$50 will be assessed.

## Volleyball Rules

Volleyball court hours will mirror Pool hours unless otherwise posted and/or communicated.

- Volleyball players must enter via the main pool entrance and are required to sign in (during pool hours). Access to the volleyball courts during non-pool hours will be through the east gate.
- Volleyball guests must be signed in by a member and pay the required guest fee during pool hours.
- Volleyball players must rinse off prior to entering the pool, not in the pool or wading pool.
- The volleyball court is to be used ONLY for volleyball. It is NOT a sandbox/playground for kids.
- **All players must be 12 years old or older unless accompanied by an adult.**
- Absolutely NO hanging or pulling on the volleyball net or the court lines.
- Do not adjust the net hardware, padding or lines.
- Anyone damaging the volleyball court will be responsible for the cost of repairing the damage and may have pool privileges suspended or revoked.

Additional general volleyball rules and league specific rules will be available on our website. The above rules and regulations are subject to change at any time by the Pool Committee with the approval of the Pool Committee. They have been created and will be enforced for your protection, safety and to increase your enjoyment of the pool.



# Come join the fun with the High Point Elks Swim Team

[hpelks.com/swim](http://hpelks.com/swim)

*We offer a competitive summer swim league. All swimming abilities welcome!*

- 5 meets plus City Championship meet
- Junior Elks program for those learning to swim
- Swim lessons offered by experienced coaching staff
- Fun activities and team bonding
- Give back through our annual "Swim for Cancer" fundraiser

Come to one of our registrations to learn more, meet the coaching staff and bond with the team. Registration dates and additional information will be listed on our website in the coming weeks.

For more information, please contact:  
Maria Dickenson - [beaney3301@gmail.com](mailto:beaney3301@gmail.com) or  
Stephanie Schwenke - [schwenke2000@gmail.com](mailto:schwenke2000@gmail.com)

***Competition \* Sportsmanship \* Success \* Strength \* Team Spirit***

## ***Follow us online!***



# Pool Frequent Asked Questions (FAQ)

Q: What if my child wants to use their water gun in the grass area?

A: Water guns (of all kinds) are not allowed. Additionally, water balloons are not permitted unless part of a Pool Committee approved event.

Q: What types of floaties are allowed?

A: Due to safety concerns and blocking a Lifeguard view to the bottom of the pool, no floats are allowed. Only pool noodles and **US Coast Guard approved arm floaties/sleeves/wings are permitted**. If pool noodles are being used for things other than floating, you may be asked to remove them from the water.

Q: During the hourly pool break my 8 year old was told he couldn't go into the baby pool. Why?

A: Children 7 and older are not allowed in the baby pool, even during the pool break. While this may inconvenience parents with children above and below 7 years old, this rule is to ensure that the young children have a safe pool to play in. We need to prevent pushing, horseplay and older children inadvertently creating hazards for your youngest guest who may not be able to swim in the large pool.

Q: I let my 5 year old play in the shallow end of the large pool while I watch from the chairs. Many times older kids start running and pushing near my child and I worry they will knock him under. What can we do to stop this?

A: The adult pool (shallow, deep and dive ends) is not restricted for use by age group. Many times the pool does get crowded and you find all ages of swimmers in all areas. All kids are in the pool to play and there will be splashing, playing, swimming, and chasing going on in the pool but, horseplay or any activity that is dangerous is not permitted. It is the responsibility of the lifeguards, parents and pool members to both notify someone and, if needed, stop this activity immediately. Politeness and manners should always be used to remind our younger Elks how we need them to behave in the pool. Remember each parent or sponsoring Elk is responsible for the actions of their children and/or guests.

Q: Can children play baseball or throw balls in the grass areas around the pool?

A: The small grass areas within the fenced area cannot be used for any type of ball play with the exception of warming up for volleyball. While in the past kids have been allowed to throw footballs, play baseball and such in these areas they are not designed for these activities and are not large enough to allow them to occur without the potential to cause themselves or those around them injury. Please inform you children that they cannot bring non-pool related balls into the fenced area for play.

Q: Can my son use his snorkel and fins (flippers)?

A: He may use his facemask and snorkel. To prevent falling near the pools edge and because of the number of people in the pool he would not be allowed to use his fins in the Elks pool unless part of a group activity supervised by a lifeguard.

Q: My daughter's friend lives next door and will be coming with use to the pool about once a week but, the rules say I can only bring her 3 times and not on holidays. What can I do?

A: The visitor rules are in place to ensure that Elk pool members have the best use of the pool. We would like to encourage you to invite your neighbor to the pool and have them become a member.

Q: Do I have to pay pool dues for my baby/young child?

A: Children of pool Members (and their guests) under the age of 2 on June 1<sup>st</sup> are free.

# Inclement Weather Statement

It is important to remember that common sense should be used when conditions appear unsafe both when deciding to cease activity and deciding to return to play outside activities at the Elks Lodge #1155.

This decision will be the responsibility of any of the following:

- Life Guard Manager and/or Senior Guard Staff member
- Pool Committee member and/or Lodge Officer
- Meet Manager, Head official, Head Coaches (during a swim meet)



## FLASH to BANG Method

This decision will be based according to the guidelines set by the National Severe Storms Laboratory (NSSL). The guidelines recommend that athletic participation be discontinued when lightning has been detected within six miles. The *decision* to return to play will be made **30 minutes** after the last dangerous lightning bolt has passed. Lightning proximity will be measured using the flash-to-bang method.

To use the flash-to-bang method, begin counting when a lightning flash is sighted. Counting is stopped when the associated bang (thunder) is heard. Divide this number by five (lightning travels 1 mile/5 seconds) to determine the distance to the lightning flash. For example, a flash-to-bang count of 30 seconds means the lightning is six miles away.

## Where to Go!

A safe shelter is any substantial, frequently inhabited building. The building should have four solid walls (not the open shelter on the backside of the pool), electrical and telephone wiring, as well as plumbing, all of which aid in grounding a structure. Keep in mind that it is not safe to shower, bathe, or talk on land phone lines while inside a safe shelter during thunderstorms (cell phones are ok).

The following is a list of possible shelter areas:

- Downstairs inside the Elks Lodge both the Family Room and Lounge areas will be made available during inclement weather.
- Alternate is in the upstairs ballroom/dining room if available
- Alternate is inside a vehicle with a metal roof with the windows closed

Finally if you are unable to reach a safe shelter stay away from the tallest trees or objects (such as light poles or flag poles), metal objects (such as fences, chairs or tables), individual trees, standing pools of water, and open fields. Minimize your body's surface area, and minimize contact with the ground. **DO NOT LIE FLAT!** Assume a crouched position on the ground with only the balls of your feet touching the ground, wrap your arms around your knees and lower your head.